

the **STONEBRIDGE SLATE**

PRESIDENT'S MESSAGE

Greetings from the Community Association! We are excited to share that we are raising funds to upgrade the playground in Howard Harding Park. The current playground has served our community for many years, but it no longer meets the needs of the growing number of families who use it daily. With your help, we can build an exciting, inclusive, and expanded play area for our children to enjoy. More details are in this newsletter, and on our website at ourstonebridge.ca.

Join us on Friday, September 5th for our much-loved Movie in the Park! This annual event is a neighbourhood favourite, and we're grateful to the dedicated volunteers and generous sponsors who help bring it to life. Stay tuned for more details on our Facebook page and website—we hope to see you there!

Fall program registration is once again available online this year. You'll find links for basketball and soccer registration on our website at ourstonebridge.ca, along with direct registration for community association programs. Visit the site to explore your options and sign up! Remember that each family will have to purchase a community association membership to register for Stonebridge programs this fall, as all memberships expire July 31st of each year. (Stonebridge programs are open to residents of other neighbourhoods as well; Stonebridge will honour valid community association memberships from another neighbourhood.)

Thank you to everyone who continues to support and participate in our community association. Your involvement truly makes a difference. If you've ever thought about volunteering or joining us at an event, there's no better time. We'd love to see you there!

Alena Sherwood
Stonebridge Community Association

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holly.kelleher@saskatoon.ca

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2025 FALL INDOOR SOCCER INFORMATION

Registration will run from July 23 to August 31 at <http://stonebridge.rampregistrations.com>. Registrations after August 31 will be charged a late fee and will only be accepted if there is space available on a team.

When registering for soccer, each family also needs an active Stonebridge Community Association membership. Memberships expire on July 31st of each year, so you will need to purchase a new membership for fall registration. We do honour other community's memberships; email us if you have an active membership from another community association. Purchase a Stonebridge Community Association membership at ourstonebridge.ca

KINDER SOCCER (BORN IN 2022)

Learning basic soccer skills while having fun! Fun games, with some development. Coaches are needed – please consider signing up to coach when registering (no experience necessary).

Choose either:

Tuesdays, October 7th to December 2nd, 6pm – 6:45pm (no session Nov 11th)

Wednesdays, October 1st to November 19th, 6pm – 6:45pm; or

Thursdays, October 2nd to November 27th (No class Oct 23rd), 6pm – 6:45pm

Location: Chief Whitecap School, Multi-Purpose Room

Cost: \$30

INDOOR SOCCER: U5-U9

Indoor Soccer Season runs October 2025 to March 2026. Saskatoon Youth Soccer will schedule the games for U5, U7, and U9. The Stonebridge Community Association does not have control over the schedule. Practices are at the discretion of the coaches and will be scheduled by the coaches.

Players will require shin guards, socks, and shoes. A team jersey will be provided for the season.

There is no limit for on-time registrations; however, volunteer coaches are required. Please consider volunteering to coach. Certification for coaches is offered through Saskatoon Youth Soccer – any certification fees will be covered by either SYSI or the Community Association. We cannot submit teams to SYSI without a coach for each team. Registrations will be canceled and refunded if the team does not have a coach.

Under-5 COED (Born in 2021): There are 12 (3v3) games played on Sundays (possible occasional Saturdays) primarily at Henk Ruys Soccer Center on hardcourt surface. Practices are TBD at the coach's discretion. Cost \$155

Under-7 BOYS/GIRLS (Born 2019/2020): There are 12 (3v3) games played on Sundays (possible occasional Saturdays), primarily at Henk Ruys Soccer Center on hardcourt surface. Practices are TBD at the coach's discretion. Cost: \$155

Under-9 BOYS/GIRLS (Born 2017/2018): There are 12 (5v5) games played Saturdays (possible occasional Sundays), primarily at Henk Ruys Soccer Centre on hardcourt surface. Practices are TBD at the coach's discretion. Cost: \$175

All teams will have the opportunity to play in the Mini SISCO tournament, which is held in March on turf at Saskatoon Soccer Center. Each team will play 3 games and is included in the fees.

REFUND POLICY: Refunds cannot be provided after September 3.

Questions or want to volunteer to Coach? Please email stonebridge.soccer@gmail.com





Howard Harding Playground Upgrade

The Stonebridge Community Association is excited to share that we are raising funds to upgrade the playground in Howard Harding Park. The current playground has served our community for many years, but it no longer meets the needs of the growing number of families who use it daily. With your help, we can build an exciting, inclusive, and expanded play area for all children to enjoy.

Our fundraising goal is **\$200,000** and we are reaching out to individuals, businesses, and community partners to help make this vision a reality. Thanks to survey input from residents, we've developed a preliminary design that includes more swings, slides, monkey bars, and new climbing and jumping features. The design also incorporates animal-themed play equipment and natural elements like boulders and logs—creating a unique and imaginative space that reflects the character of our neighbourhood.

We worked with Park N Play Design to develop the preliminary concept, which will be finalized once our fundraising campaign concludes. Your support at this stage is critical to helping us reach our goal and begin construction.

Every donation, large or small, brings us one step closer to providing a vibrant, welcoming space for children to grow, learn, and play together.

To learn more or support the project, click **'Donate to our Playground'** at the top of the ourstonebridge.ca homepage



Email: ourstonebridge.info@gmail.com

2025 FALL PROGRAMMING

Registration period for 2025 fall programming will run from Friday, August 1, 2025 at 8:00am to Friday, August 29, 2025 at 11:00pm. A non-refundable membership fee of \$10 per family per year is required to participate in programs and must be purchased or presented at the time of program sign-up (memberships expire each year on July 31st). ****We do honour other community's memberships; Email us if you have an active membership from another community association.***

LATE REGISTRATION: Any requests will be assessed on a case-by-case basis, and there are no guarantees on securing a spot in a program. A fee of \$15 will apply to registrations after the period listed above. Please email the SCA Program Coordinator with any inquiries.

RED CROSS PROGRAMS

BABYSITTING COURSE

The babysitting course, refreshed and revised, now has a greater emphasis on First Aid skills. The Canadian Red Cross Babysitting course covers everything from managing difficult behaviours to essential content on leadership and professional conduct as a babysitter. Babysitting promises to deepen and enhance the responsibility that older youth feel when caring for younger children. This updated curriculum, complete with new science, also provides improved learning when it comes to giving the appropriate care in the event of an emergency. Aimed at children 11 – 16 years old and interested in taking responsibility for younger children.*

****Please note this course consists of 3 x 2.5 hour sessions to obtain the required certification.**

*****Students are to bring a pen or pencil to each class.**

Mondays 6:00 pm – 8:30 pm

Dates: September 8 – 22 or November 24 – December 8

Location: Community Association Room, Chief Whitecap School

Cost: \$70

STAY SAFE!

Real-world scenarios often call on children to respond to challenges. The Stay Safe! program teaches applicable and age-appropriate skills, while increasing and reinforcing a youth's capacity to improve their own safety. Whether in their community or on their own, this group will be given better tools to Stay Safe! in a variety of different situations. Aimed at children 9 – 13 years old who are preparing to be able to stay safe at home on their own.

****Please note this course consists of 2 x 2.5 hour sessions to obtain the required certification.**

*****Students are to bring a pen or pencil to each class.**

Mondays 6:00 pm – 8:30 pm

Dates: October 20 – 27

Location: Community Association Room, Chief Whitecap School

Cost: \$50

HOUNDSDVILLE HOOPS BASKETBALL PROGRAMS

Houndsville Hoops is partnering up with the Stonebridge Community Association to bring basketball to the community! Specializing in player development, Houndsville Hoops offers high level basketball coaching and elite training. Follow @houndsvillehoops on Instagram to stay up-to-date with our programs or contact us through email via houndsvillehoops@gmail.com for more information!

INTRO TO BASKETBALL (AGES 5-7)

This class is for our young athletes, starting to get into the game. This is also a great class for those wanting to have some fun and be active! With games, activities, and training that incorporate basketball fundamentals, this class is a great starting point for beginner athletes looking to develop a strong foundation.

Tuesdays: 6:00 pm – 6:30 pm or 6:40 pm – 7:10 pm

Dates: September 9 – October 7, 2025 (no session September 30)

Location: Large Gym, Chief Whitecap School

Cost: \$60

BASKETBALL FUNDAMENTALS (AGES 8-9)

Being our grassroots class, this session is for beginner basketball players. This class will focus on foundational skill development, such as dribbling, shooting, passing, and defence, as well as developing fundamental movement skills. We will break down the basics of the game, while applying skills learned in game through low organized games. Athletes will be learning by playing.

Tuesdays: 7:20pm – 8:00pm

Dates: September 9 – October 7, 2025 (no session September 30)

Location: Large Gym, Chief Whitecap School

Cost: \$70

REFINING BASKETBALL (AGES 10-12)

This class is geared towards beginner to intermediate players. We will be reviewing and sharpening foundational basketball skills. We will begin to introduce more technicalities of the game, such as timing, spacing, and team utilization. This class will expand on basketball foundations and level up athletes in their game, preparing for their transition to higher speed and higher intensity games.

Thursdays: 6:00 pm – 6:50 pm

Dates: September 11 – October 2, 2025

Location: Large Gym, Chief Whitecap School

Cost: \$85

LEVELLING UP BASKETBALL (AGES 13+)

Our 13+ class is for beginner to intermediate basketball players. With focus on player development, we will be refining basketball skills, increasing basketball IQ, as well as add to our athletic tool-belt. Athletes will be able to learn new skills, train hard, and apply their knowledge in-game through scrimmages. This is the perfect class for playeres to bring their game to the next level!

Thursdays: 7:00 pm – 8:00 pm

Dates: September 11 – October 2, 2025

Location: Large Gym, Chief Whitecap School

Cost: \$100

KIDS FITNESS PROGRAMS

YOGA & MINDFULNESS (LITTLE YOGIS)

Introducing yoga & mindfulness to children can enhance their focus, boost their emotional regulation, and foster a sense of calm. The Little Yogis curriculum was developed specifically for children by an early childhood educator and a certified yoga instructor. Our playful take on traditional yoga aims to improve children's physical, emotional, and mental health. Little Yogis Academy encourages little ones to find their balance, on and off the mat!

**Feel free to check the Little Yogis website for more info: <https://www.littleyogisacademy.com/>

Mondays 6:00 pm – 6:30 pm (Ages 2-6); 6:30 pm – 7:00 pm (Ages 7+)

Dates: September 29 – December 1 (no class October 13 & November 10)

Location: Multi-Purpose Room, Chief Whitecap School

Cost: \$55

DANCE (PRE-SCHOOL & DANCE FUNDAMENTALS)

These classes are designed to give young dancers a solid foundation as they explore their passion for dance. During each session, we'll introduce them to the basics of pre-ballet, hip-hop, and jazz. This diverse approach helps improve their balance, coordination, rhythm, and muscle memory.

Tuesdays 6:00 pm – 6:30 pm (Ages 3-5); 6:40 pm – 7:10 pm (Ages 5-7); 7:20 pm – 7:50 pm (Ages 7+)

Dates: October 7 – December 2 (no class November 11)

Location: Community Resource Room, Chief Whitecap School

Cost: \$55

INTRO TO KICKBOXING

This class is designed for our young athletes who are just beginning their journey into the world of kickboxing. It's also perfect for kids who want to have fun, stay active, and build confidence! Through playful drills, engaging games, and beginner-friendly techniques, students will be introduced to the basics of kickboxing in a safe and supportive environment. It's a great starting point for developing coordination, discipline, and a strong foundation in martial arts.

*****Students are to bring boxing gloves to each class. Gloves can be purchased at stores such as Walmart or Canadian Tire**

Wednesdays 7:00pm – 8:00pm (Ages 6-12); 8:00pm – 9:00pm (Ages 13+)

Dates: October 8 – November 26

Location: Multi-Purpose Room, Chief Whitecap School

Cost: \$80

ADULTS FITNESS PROGRAMS

MONDAY NIGHT STRETCH FUSION

A gentle blend of qigong, strength and balance exercises to start with, and at least half of the class will be longer held stretch poses on your mat. Increase your mobility, strength, and balance. Relax and unwind your body and nervous system and connect with others in this lovely one-hour class led by experienced instructor and Stonebridge community member Angela Achtemichuk. Class will always include a question of the night to increase that community feel of the class, as we enjoy moving together.

Mondays 7:00 pm – 8:00 pm

Dates: September 29 – December 1 (no class October 13 & November 10)

Location: Multi-Purpose Room, Chief Whitecap School

Cost: \$80

FITNESS FOUNDATIONS — A place to build strength, confidence and community!

New to fitness, or looking to get back into a fitness routine? This class is the perfect place to start! Led by Maija Kuan, a Saskatoon-based chiropractor, with a passion for movement and helping others. This Tuesday evening class focuses on building strength, core stability, and endurance — all through body weight or light resistance exercises. The goal? To help you move better, feel stronger, and gain confidence in your movement patterns.

Expect a supportive environment, clearly guided instruction, and plenty of modifications to increase or decrease difficulty. No prior experience required — just show up ready to move, sweat a little, and have fun along the way!

Tuesdays 7:00 pm – 7:45 pm

Dates: October 7 – December 2 (no class November 11)

Location: Multi-Purpose Room, Chief Whitecap School

Cost: \$80

ZUMBA

Join Angela, with over 14 years of Zumba-fitness instruction experience for an incredible, dance-fitness, “party-style” class! Zumba is a “workout in disguise” incorporating Latin as well as various styles of music from all decades & genres.

Classes also incorporate a variety of genres such as Salsa, Cumbia, Reggaeton as well as Jazz and Hip Hop! Feel the freedom that comes from movement and experience the joy that comes from dancing and expressing yourself all while getting an incredible workout. Classes are designed for all levels of experience. One of the things Angela loves most about teaching group fitness levels is the element of community and getting to know participants. She has lived in Stonebridge with her husband and son for almost 14 years and is grateful for the opportunity to teach in this wonderful community. She would love to see you in class!

Fridays 6:30 pm – 7:30 pm

Dates: September 12 – November 14 (no class October 10 & 31)

Location: Multi-Purpose Room, Chief Whitecap School

Cost: \$80

DROP-IN PROGRAMMING

BADMINTON

Courts and birdies provided – no scheduled games – just come along, singly or in pairs/groups and arrange a game with other participants. Must be 18+ to register.

Mondays 8:00 pm – 10:00 pm

Dates: October 6 – December 15 (no sessions October 13 & November 10)

Location: Multi-Purpose Room, Chief Whitecap School

Cost: \$25 per participant

SMBA BASKETBALL

Sign up for Community League basketball directly with SMBA at smbayxe.ca – Spuds (Grade 3 & 4), Mini (Grade 5 & 6), Bantam (Grade 7 & 8), Juniors (Grade 9 & 10) and Seniors (Grade 11 & 12).

Teams will be formed by the community association coordinator.



MOVIE IN THE PARK!

FRIDAY, SEPTEMBER 5TH

MOVIE STARTS AT DUSK (~8pm)

ALEXANDER MACGILLIVRAY YOUNG PARK
(VIC BLVD/STONEBRIDGE COMMON)

SPONSORSHIP

Stonebridge Community Association is offering a sponsorship for school-aged residents of Stonebridge, to assist minor residents in the Stonebridge community to fulfill their goals to excel in an extra-curricular activity of their choosing, that will contribute to providing team spirit, skill development, self-esteem, and impart knowledge to others and/or create a platform for youth to exhibit their talent.

The Stonebridge Community Association will offer a maximum of three (3) scholarships per fiscal year (July 1 – June 30), with the total amount of each not to exceed \$500.00.

Criteria:

Must be a resident in Stonebridge for (at minimum) the preceding 12 months.

Must be an individual between the ages of 5 and 17 (inclusive)

Must present to the board in person (under age 12 may do so with parental assistance)

Must be able to offer achievements received in the particular field (individually or as a team)

Must show evidence of a financial* need for assistance

Should be able to offer examples of work and/or community involvement

*Financial need does not refer to family income; it refers to a need for financial assistance for an event (travel expenses, equipment, admission fees, etc.)

In addition to the above criteria, only those eligible will be contacted for further information.

To apply, contact ourstonebridge.info@gmail.com



My name is Memphis Gaco. I am 11 years old and a grade 6 student at St. Kateri Elementary School. Thank you for this opportunity for me to share my aspirations as an athlete. I train in Chinese Martial arts, a form called Taolu. I have competed across Canada since 2022 and hope to, one day, qualify as a Canadian National Team athlete. My most recent merit is winning one gold medal and one silver medal at the Can-Am International Martial Arts Competition in Vancouver, BC, back in April. Your scholarship will help cover the cost incurred from flights and competition fees. Thank you again for this opportunity to be the recipient of this scholarship.

**I'm here
for YOU!**



KEVIN WAUGH
MP | SASKATOON SOUTH

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