

the  
**STONEBRIDGE SLATE**

## President's Message

Good day, neighbours!

We are now actively working on getting the rink built! We are going to be offering Rink Board sponsorships, where we will print a logo on a 4'x8' sheet of puckboard that will be installed facing the inside of the rink. The price will be \$2,000 for a 3-year installation. More information can be found on our website at <https://www.ourstonebridge.ca/rink-fundraising/>

We are also proud of our community for clocking the highest number of participants at the Community Face Off Challenge at this year's Nutrien Fireworks Festival! Way to represent the Stonebridge community! A cash prize of \$500 was awarded to the community association, which we will use towards programming activities.

Lastly, we are pleased to share that the City will be able to groom the cross country ski trail in Blair Nelson park for us again this year. It's a great way to get exercise, get active, and meet your neighbours!

Please share your opinions, ideas, and feedback by contacting me with suggestions at [ourstonebridge.info@gmail.com](mailto:ourstonebridge.info@gmail.com).

Alena Sherwood  
Stonebridge Community Association

City of Saskatoon Community Consultant  
Heidi Estrada

City of Saskatoon Councilor (Ward 7)  
Mairin Loewen

### INSIDE THIS ISSUE:

Page 2 to 5 – Winter Programming Offerings  
Page 6 – Rink Update & SCA Volunteer Opportunities  
Page 7 – Transit Survey & Ski Trails

#### SCA EXECUTIVE 2023-2024

**President**  
Alena Sherwood

**Vice President of Operations**  
*Vacant*

**Vice President of Community Engagement**  
Jennifer Burgess

**Treasurer**  
Jaspreet Singh

**Secretary**  
Darcy Warrington

**Online Communications Coordinator**  
Vivian Balajonda

**Newsletter Coordinator**  
*Vacant*

**Program Coordinator**  
Vivian Balajonda

**Soccer Coordinator**  
John Goodwin

**Basketball Coordinators**  
Leah Deibert  
Dave Deibert

**Special Events Coordinator**  
Jo April

**Volunteer and Membership Coordinator**  
Kaila Delparte

**Rink Coordinator**  
Michael Fuller

**Community Watch Coordinator**  
*Vacant*

**Members at Large**  
Amanda Spenst

## WINTER PROGRAMMING

The registration period for 2024 winter programming will run from Monday, December 11th, 2023, starting at 8:00am until Monday, January 1st, 2024, at 11:00pm. Late registration requests will be assessed on a case-by-case basis, and there are no guarantees on securing a spot in a program. A fee of \$15 will apply to registrations after the registration period listed above. Please email the SCA Program Coordinator with any inquiries at [ourstonebridge.programs@gmail.com](mailto:ourstonebridge.programs@gmail.com).

A non-refundable membership fee of \$10 per family per year is required to participate in programs and must be purchased or presented at the time of program sign-up (memberships expire each year on July 31<sup>st</sup> and can be purchased on our website). \*We also honour other community's memberships so please email us if you have an active membership from another community association at time of registration.

Registration will be strictly online and there will be no in-person payment drop-off, so if you require assistance, please email [ourstonebridge.programs@gmail.com](mailto:ourstonebridge.programs@gmail.com).

Programs are always subject to change – refer to our website for the most up-to-date program information at <https://www.ourstonebridge.ca/>. Below you will find a listing of drop-in programming, kids programming, and adult programming for the winter season!

### *Refund Policy:*

A \$15.00 administration fee will be assessed for all refund requests. Refunds cannot be issued after the first session of the program you registered for has begun.

## DROP-IN PROGRAMMING

### BADMINTON

Courts and birdies provided – no scheduled games – just come along, singly or in pairs/groups and arrange a game with other participants. Must be 18+ to register.

Mondays: 8:00pm – 10:00pm

Dates: TBA

Location: Multi-Purpose Room, Chief Whitecap School

Cost: \$25 per participant

## KIDS PROGRAMMING

### BABYSITTING COURSE

The babysitting course, refreshed and revised, now has a greater emphasis on First Aid skills. The Canadian Red Cross Babysitting course covers everything from managing difficult behaviours to essential content on leadership and professional conduct as a babysitter. Babysitting promises to deepen and enhance the responsibility that older youth feel when caring for younger children. This updated curriculum, complete with new science, also provides improved learning when it comes to giving the appropriate care in the event of an emergency. Aimed at children 11 – 16 years old and interested in taking responsibility for younger children.

\*\*Please note this course consists of 3 x 2.5 hour sessions to obtain the required certification.

Mondays: 6:00pm-8:30pm

Dates: TBA

Location: Community Association Room, Chief Whitecap School

Cost: \$70

### STAY SAFE

Real-world scenarios often call on children to respond to challenges. The Stay Safe! program teaches applicable and age-appropriate skills, while increasing and reinforcing a youth's capacity to improve their own safety. Whether in their community or on their own, this group will be given better tools to Stay Safe! in a variety of different situations. Aimed at children 9 – 13 years old who are preparing to be able to stay safe at home on their own.

\*\*Please note this course consists of 2 x 2.5 hour sessions to obtain the required certification.

Mondays: 6:00pm-8:30pm

Dates: TBA

Location: Community Association Room, Chief Whitecap School

Cost: \$50

### ART FOR KIDS

Do you like to sketch, draw, and paint? One important skill that every aspiring artist should develop is drawing from a reference. Breaking an image or an object down into its fundamental shapes, getting those down on paper, and adding details in the right place is a super handy artistic skill that anybody can learn and every artist utilizes. So, whether you want to create works of art in a realistic style, or you simply want to make the drawings that spring from your imagination look more grounded, this class will give you plenty of opportunity to learn to draw from reference images and objects, and practice getting those pictures looking pristine!

\*\*Each student should bring their own: Sketchbook (at least 8.5x11 — the thicker, the better), pencils, erasers, markers (brush tip preferred), pencil crayons, and sharpies.

Tuesdays: 6:15pm-7:00pm (Ages 6-8); 7:10-7:55pm (Ages 9-12)

Dates: TBA

Location: Community Association Room, Chief Whitecap School

Cost: \$50

## KIDS PROGRAMMING CONTINUED

### INTRO TO KARATE ( OFFERED BY MIDWEST KARATE)

You will be introduced to the fundamentals of Traditional Karate Punching / Blocking Kicking / StancesKata (the encyclopedia of Traditional Karate) and basic Kumite (sparring), all of which are required for your first belt evaluation.

Thursdays: 6:45pm-7:45pm (Ages 7-8); 7:45pm-8:45pm (Ages 9-14)

Dates: TBA

Location: Multi-purpose Room, Chief Whitecap School

Cost: \$75

### LET ' S MAKE COMICS!

Do you like making comics? Whether you've made comics since you were 6 or you're just starting to get into it, "Let's Make COMICS!" is the class for anybody interested in making comics. Coming up on Friday nights for 8 sessions, join cartoonist Rob Shauf as he teaches the basics of writing and drawing comic strips, comic books, and telling stories through comics. We'll cultivate creativity together by playing some art games, working through some writing exercises, and working on our comics. Maybe you just wanna make comics that make your friends laugh, or maybe you've got a story you want to tell the world. Comics can do all of that and more!

\*\*You'll need to bring a sketchbook with lots of blank pages, sharpened pencils, erasers, fine and ultra fine point sharpies, as well as pencil crayons.

Fridays: 6:15pm-7:00pm (Ages 8-14)

Dates: TBA

Location: Community Association Room, Chief Whitecap School

Cost: \$50

## ADULT PROGRAMMING

### HIGH FITNESS

HIGH Fitness is an emerging leader in group fitness, inspiring people from all walks of life to a lifestyle with better health and overall wellness. HIGH transforms old school aerobics into a highly addictive new fitness experience that combines simple, modern fitness techniques (i.e. HIIT, plyometrics, etc.) with music you know and love. This results in a high energy, INTENSE and crazy fun workout that leaves participants feeling HIGH and wanting more. Ages 16+.

Tuesdays 8:00pm – 9:00pm

Dates: TBA

Location: Multi-Purpose Room, Chief Whitecap School

Cost: \$70

## ADULT PROGRAMMING CONTINUED

### BOOTCAMP WITH BRITTANY

In this full-body, bootcamp style class, we will be targeting every major muscle group to tone up, as well as pushing our cardio to burn mega calories. Brittany, a local resident to Stonebridge, has been a trainer for 7+ years now, and loves ensuring everyone leaves feeling strong and sweaty! With this combination class of strength and endurance training, you will be sure to feel the burn! With modifications available for all fitness level, we welcome all to come and experience a bootcamp.

\*\*Please bring a mat.

Wednesdays: 7:00pm – 8:00pm

Dates: TBA

Location: Multi-Purpose Room, Chief Whitecap School

Cost: \$70

### ZUMBA

Zumba is an energizing dance-fitness workout class incorporating Latin and various styles and genres of music. Often called exercise in disguise as it's lots of fun! This class is being taught by local Stonebridge resident, Angela Achtemichuk, who has been instructing Zumba for the past 5 years and dance classes for the past 10. Her classes incorporate various Latin dance styles such as Salsa, Cumbia, Reggaeton as well as Jazz and Hip Hop! She uses Latin and World music and incorporates other genres such as Pop, and songs from the 70's, 80's and 90's (her fave genre is 90's R&B!). She loves the feeling of freedom that comes from movement and hopes students will feel that too and the joy that comes from dance and expressing yourself.

Angela loves taking and teaching group classes not only for the workout but the sense of community (not to mention the laughs!) Her classes are for all levels of experience. She has lived in Stonebridge with her husband and son for almost 11 years and is excited to teach in this wonderful community for the first time!

Fridays: 7:00pm – 8:00pm

Dates: October 13 to December 15 (No session October 27 & November 10)

Instructor: Angela Achtemichuk

Location: Multi-Purpose Room, Chief Whitecap School

Cost: \$70

#### Did you know Stonebridge has many active social media groups on Facebook?

Please note that these groups are not associated or maintained by the community association.

Stonebridge Parents: <https://www.facebook.com/groups/382386918466021/>

Stonebridge Neighbourhood Watch: <https://www.facebook.com/groups/1492687234372720/>

Stonebridge Saskatoon Community Forum: <https://www.facebook.com/groups/301145340342633/>



## RINK UPDATE

Back in September, Loraas provided temporary construction fencing to block off the rink's future construction site after the location of the rink was marked out next to our amenity building. This was our first step towards grading and site prep! We want to send a huge thank you to our community volunteers who helped Loraas unload and set up this temporary fencing – THANK YOU!

We are also pleased to share that grading has now begun on our rink site! Before you know it, we'll be sharing dates for our rink grand opening and public skate times so stay tuned! We can't wait for families and community members to enjoy the rink this winter 😊

The rink will be located next to the amenity building beside the spray pad, behind the Stonebridge school building.



## THE SCA IS RECRUITING A FEW MORE VOLUNTEERS

The Stonebridge Community Association is run exclusively by volunteers, who give their time and energy to make Stonebridge a great place to live and thrive!

**We are looking for 3 more volunteers to fill the following vacant positions:**

- *Vice President of Operations*
- *Newsletter Coordinator*
- *Community Watch Coordinator*

Visit [www.ourstonebridge.ca](http://www.ourstonebridge.ca) for more information, or email [ourstonebridge.info@gmail.com](mailto:ourstonebridge.info@gmail.com) if you're interested in any of the above current vacancies!

WE NEED

YOUR

FEEDBACK!

Our SCA's Member at Large is looking to reach all Stonebridge families with kids in or approaching high school to complete a survey to lobby for an express route in the morning and afternoon for students attending Aden Bowman, Walter Murray, and Holy Cross. This survey is not affiliated with the City of Saskatoon but is simply a method to gather information to use in her request to the City. Thank you in advance for taking the time to complete this anonymous survey by copying and pasting the below URL link in to your web browser to complete!

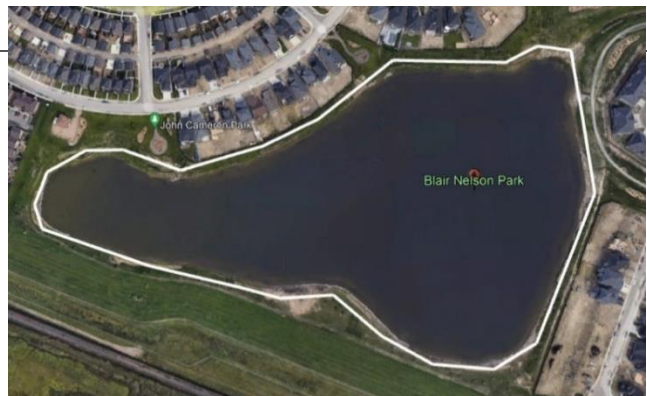


Survey Link: <https://s.surveyplanet.com/8b7l6hiz>

## STONEBRIDGE IS GETTING SKI TRAILS AGAIN!

The Stonebridge Community Association is excited to announce that Stonebridge will be having cross-country ski trails again this year for a second winter season in a row! The trail loop is just over 1km in distance and will border the pond in Blair Nelson Park similar to last year. See map below for location.

Snow and weather pending, the trails will be groomed by the City of Saskatoon and will be a great way for community members to stay active and enjoy the great outdoors this winter! The SCA is looking for another "Stonebridge Ski Trail Champion" this year who can let the SCA know when the trails need grooming. If you are an enthusiastic cross-country skier who might be interested in taking on this role for the community this winter, please email [ourstonebridge.info@gmail.com](mailto:ourstonebridge.info@gmail.com).





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