

the STONEBRIDGE SLATE

WINTER PROGRAM REGISTRATION

Inside this issue, you will find a listing of programs being offered by the Stonebridge Community Association this winter. Additional programs, schedules and program fees will be updated as they are finalized – please refer to our website for the most up-to-date information as programs are subject to change.

Online registration will begin Monday, December 12th at 8:00am, and end on Friday, January 6th at 11pm on our website at ourstonebridge.ca. There will be no in-person payment drop-off so if you require assistance with registration, please email ourstonebridge.programs@gmail.com. A non-refundable membership fee of \$10 per family per year is required to participate in programs and must be purchased or presented at the time of program sign-up (memberships expire each year on July 31st).

The SCA honours other community association memberships as well. Cost-as-a-barrier assistance and/or KidSport applications are available for those facing financial hardships. To inquire/apply, please contact ourstonebridge.info@gmail.com. All inquiries are kept confidential.

Late registration policy:

Any requests will be assessed on a case-by-case basis, and there are no guarantees on securing a spot in a program. A fee of \$15 will apply to late registrations.

Refund policy:

A \$15.00 administration fee will be assessed for all refund requests. Refunds cannot be issued after the first session of the program you registered for has begun.

City of Saskatoon Community Consultant

Kevin Ariss

City of Saskatoon Councillor (Ward 7)

Mairin Loewen

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SCA EXECUTIVE 2022-2023

President

Alena Sherwood

Vice President of Operations

Vacant

Vice President of Community Engagement

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Newsletter Communications Coordinator

Sarah Streisel

Program Coordinator

Vivian Balajonda

Soccer Coordinators

Eric Sanderson

Terri Sanderson

Basketball Coordinators

Leah Deibert

Dave Deibert

Special Events Coordinator

Laura Petrishen-Ha

Volunteer and Membership Coordinator

Kaila Delparte

Rink Coordinator

Vacant

Community Watch Coordinator

Vacant

Members at Large

Vacant

FOR THE KIDS!

BABYSITTING COURSE

The babysitting course now has a greater emphasis on First Aid skills. The Canadian Red Cross Babysitting course covers everything from managing difficult behaviours to essential content on leadership and professional conduct as a babysitter. Babysitting promises to deepen and enhance the responsibility that older youth feel when caring for younger children. This updated curriculum, complete with new science, also provides improved learning when it comes to giving the appropriate care in the event of an emergency. Aimed at children 11 - 16 years old and interested in taking responsibility for younger children.*

Mondays 6:00pm – 8:30pm

Dates: Jan 30 – Feb 13

Location: Community Resource Room, Chief Whitecap School

Cost: \$70

STAY SAFE!

Real-world scenarios often call on children to respond to challenges. The Stay Safe! program teaches applicable and age-appropriate skills, while increasing and reinforcing a youth's capacity to improve their own safety. Whether in their community or on their own, this group will be given better tools to Stay Safe! in a variety of different situations. Aimed at children 9-13 years old who are preparing to be able to stay safe at home on their own.

Mondays 6:00pm – 8:30pm

Dates: Choose from Feb 27 – Mar 6; or Mar 20 – Mar 27

Location: Community Resource Room, Chief Whitecap School

Cost: \$50

INTRO TO DANCE

If your little dancer is interested in dancing and wants to try everything, this class is the class to try! Dancers will explore the basics of Hip-Hop, Jazz, and Pom.

Mondays 6:00pm – 6:40pm (Ages 4-6); or 7:20pm – 8:00pm (Ages 7-9)

Dates: Jan 16 to Mar 27 (No class Feb 20 & Mar 13)

Location: Multi-Purpose Room, Chief Whitecap School

Cost: \$60

DANCE 'N' GAMES

This 30-minute class is to get kids up to move 'n' groove. Dance 'n' Games are a great way to burn energy, learn new skills, and have fun. Ages 4-7.

Mondays 6:45pm – 7:15pm

Dates: Jan 16 to Mar 27 (No class Feb 20 & Mar 13)

Location: Multi-Purpose Room, Chief Whitecap School

Cost: \$60

ART FOR KIDS

Designed to bring out the big artists in your little ones! The projects will help develop problem-solving skills, refine motor skills, build self-confidence, and experiment with different techniques and materials. A variety of art projects that include painting, sculpture, mixed media, and more. Each activity provides your child with a hands-on creative experience and great work of art to take home. This class is open to all kids who love art!

Tuesdays 6:15pm – 7:15pm (Ages 6-8); and 7:20pm – 8:20pm (Ages 9-12)

Dates: Jan 17 to Mar 14 (No class Feb 21)

Location: Community Resource Room, Chief Whitecap School

Cost: \$60

INTRO TO KARATE

You will be introduced to the fundamentals of Traditional Karate (punching/blocking, kicking/stances, Kata - the encyclopedia of Traditional Karate, and basic Kumite (sparring), all of which is required for your first belt evaluation.

Thursdays 6:45pm – 7:45pm (Ages 7-8); 7:45pm – 8:45pm (Ages 9-14)

Dates: Jan 19 to Mar 16 (No class Feb 23)

Location: Multi-Purpose Room, Chief Whitecap School

Cost: \$75

FOR THE ADULTS!

PILATES

Pilates is a method of exercise that consists of low-impact flexibility and muscular strength and endurance movements. Pilates emphasizes proper postural alignment, core strength and muscle balance. Pilates is named for its creator, Joseph Pilates, who developed the exercises in the 1920s. Pilates – beginner to intermediate level. A modernized version of Pilates to improve your strength, flexibility and posture. Ages 16+.

Tuesdays 8:00pm – 9:00pm
Dates: Jan 17 to Mar 21 (No class Feb 21)
Location: Multi-Purpose Room,
Chief Whitecap School
Cost: \$70

SCULPT & TONE

Want to tighten those holiday muscles? Join us as we plank, lunge and squat our way back into shape! For beginner and advanced participants. Ages 16+.

Wednesdays 7:00pm – 8:00pm
Dates: Jan 18 to Mar 15 (No class Feb 22)
Location: Multi-Purpose Room,
Chief Whitecap School
Cost: \$70

YOGA

An introductory class for those who have little to no experience with yoga, or for experienced students who want to bring it back to basics. Ages 16+.

Wednesdays 8:00pm - 9:00pm
Dates: Jan 18 to Mar 15 (No class Feb 22)
Location: Multi-Purpose Room,
Chief Whitecap School
Cost: \$70

*Online registration opens
Monday, December 12th at
8am at ourstonebridge.ca !

HALLOWEEN HUNT SUCCESS



Thank you to everyone who participated in this year's Stonebridge Community Halloween Hunt!! And an extra special thanks to Sobey's extra Stonebridge and Luxquisite Clothing for sponsoring a couple of our awesome prizes for our winners! This hunt was put on by your friendly neighbourhood Special Events Coordinator, Laura Petrishen-Ha and the SCA. Stay tuned for more fun family events in the new year!



THE SCA IS RECRUITING VOLUNTEERS!

The Stonebridge Community Association is run exclusively by volunteers, who give their time and energy to make Stonebridge a great place to live and thrive!

We are looking for volunteers to fill the following positions:

- *Treasurer*
- *VP Operations*
- *Soccer Coordinator*
- *Rink Coordinator*
- *Community Watch Coordinator*
- *Member at Large*

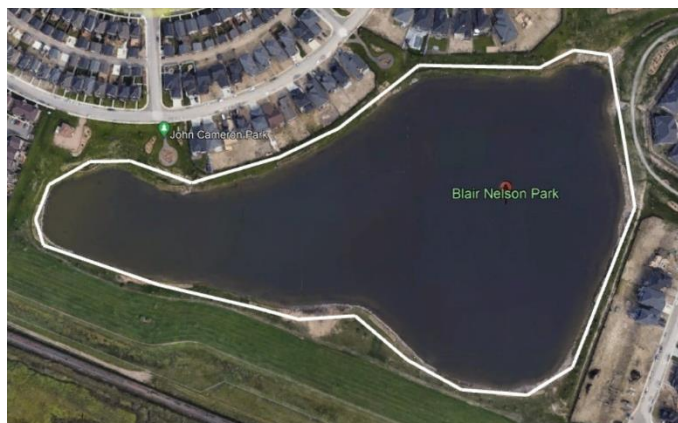
Visit www.ourstonebridge.ca for more information or email ourstonebridge.info@gmail.com if you're interested in any of the above current vacancies!



STONEBRIDGE GETS SKI TRAILS!

The Stonebridge Community Association is excited to announce that Stonebridge will be getting a set of cross-country ski trails this year for the winter season! The trail loop is just over 1km in distance and will border the pond in Blair Nelson Park. See map below for location.

Snow and weather pending, the trails will be groomed by the City of Saskatoon and will be a great way for community members to stay active and enjoy the great outdoors this winter! The SCA is looking for a "Stonebridge Ski Trail Champion" who can let the SCA know when the trails need grooming. If you are an enthusiastic cross-country skier who might be interested in taking on this role for the community this winter, please email ourstonebridge.info@gmail.com.





SASKATOON POLICE SERVICE CRIME PREVENTION TIPS

Theft of/from MOTOR VEHICLES

Goal: Reduce opportunity and reduce rewards for offenders

Have you...

- [] Not left keys in ignition or hidden in vehicle.
- [] Not left vehicle running while unattended.
- [] Not left valuables in vehicle.
- [] Used the Saskatoon Police Service's All Valuables

Removed dashboard card.

- [] Locked car doors and close car windows.
- [] Installed alarms, surveillance cameras/video.
- [] Improved lighting around your home or park vehicle

in well lit areas on the street.

- [] Installed steering wheel security devices

Commonly Stolen Items are C.R.A.V.E.D.: *Concealable, removable, accessible, valuable, enjoyable, disposable/convertible.*

Source: [https://saskatoonpolice.ca/pdf/general/Crime_Prevention_Tips_BETheftfromandOfAuto\(2\).pdf](https://saskatoonpolice.ca/pdf/general/Crime_Prevention_Tips_BETheftfromandOfAuto(2).pdf)



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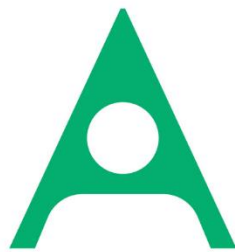
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